



BREATHE, STRETCH, RENEW:

Sri Lanka!

Dates of the Retreat : 31st May 2025 - 5th June 2025
Duration : 6 days & 5 nights
Location : Talalla Retreat. Sri Lanka

PACKAGE COST:

Single Occupancy : AED 6500/- (per person)
Double Occupancy: AED 5500/- (sharing basis) (per person)
Including VAT

Indulge in 5 nights and 6 days of relaxation with full board meals, including:

- A serene beachside bonfire at sunset with an outdoor dinner experience
- A visit to the Sea Turtle Protection Hatchery at Rekawa
- A soothing 1-hour massage treatment
- A visit to the Mulkirigala Vihara Rock Temple for a special blessing
- Exploration of Jasper House Tallala and the nearby surf beach
- A tour of the Handunugoda Tea Plantation
- Daily yoga sessions, meditation, and sound healing
- An introduction to mandala making and healing practices
- A visit to the scenic Coconut Hill
- A stop at a Handcraft & Natural Gem store for unique souvenirs

Exclusions in Package

- Visa & Flight Tickets



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RECOMMENDED FLIGHT DETAILS:

Airline: Emirates

Saturday, May 31, 2025, 2:40AM EK 650

Thursday, June 5, 2025, 10:05PM EK 655

Please note that we have limited spots available for this retreat, so please do make your reservation at the earliest.

We require 50% payment of the total amount to reserve a spot.

Due to limited availability on each retreat, we require full payment to be settled on March 31, 2025.

When making your reservation do send us

1. Phone number, Email & Passport Details
2. Dietary requirements and any allergies if any.

To confirm your spot please make the payment to the below bank details and send us an email to angela@yogashram.com so the payment can be tracked against your reservation.

BANK DETAILS

Name: Yoga Ashram DMCC

Account No.: 1014807205201

IBAN No: AE730260001014807205201

Bank Name: Emirates NBD BANK

Swift Code: EBILAEAD

CANCELLATION POLICY

Depending on when you cancel, cancellation penalties may apply as follows:

- Cancellation before 75 days before start of retreat full amount paid will be refunded less the Admin Fee, VAT and Transaction Fee
- Cancellation after 65 days before start of retreat 50% of amount paid so far for the package will not be refunded.
- If you cancel after 60 days or less before your retreat start date, no refund is applicable.